

TREASURE VALLEY DHARMA FRIENDS

PRESENTS

EXPLORING BUDDHISM: A SERIES OF BEGINNING TEACHINGS



Starting November 18, 2017

Six introductory teachings for people interested in exploring Buddhism:

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| 11/18/2017 | Buddhist Worldview and the 4 Noble Truths – Chuck Durick |
| 11/25/2017 | The Life of the Buddha – Teresa Rudolph |
| 12/2/2017 | Karma: Cause and Effect – Eric Yensen |
| 12/9/2017 | Love and Compassion – Joan Dodd |
| 12/16/2017 | Meditation – John Meienhofer |
| 12/23/2017 | Setting up a Daily Practice – Dan Black |

All classes are held: 10:00 AM, At: LTTT Buddhist Temple – 8813 W. Ardene St., Boise

The teachings do not require preparation. Further, each session is designed to stand alone, so it is not necessary to attend every one. All are invited to attend as the teachings are well suited to both beginning and more advanced students.

Treasure Valley Dharma Friends (TVDF) meets every Saturday at 10:00 a.m. at the LTTT Buddhist Temple located at 8813 W. Ardene St. The organization has been bringing renowned Buddhist teachers to Boise since 2001. TVDF promotes Buddhist practices such as meditation, book study and discussion groups. All are welcome.